



COSY HALL

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REGULAR CLASSES AT COSY HALL - Winter 2020

<u>Day</u>	<u>Class/Location</u>	<u>Time</u>	<u>Frequency</u>
MONDAY	Pilates/Gallery	10.30 - 11.30	Weekly [term time]
	Tumble Tots/Susan Miles	09.30 - 12.30	Weekly [term time]
	Slimming World/Gallery	17.00 & 19.00	Weekly
	Silk Painters/Susan Miles	19.00 - 21.30	3 rd Monday in month
TUESDAY	Tai-Chi/S. Miles	09.30 - 11.45	Weekly Beginners
	Tai-Chi/S. Miles	09.30 - 11.45	Weekly Continuing
	Tai-Chi/S. Miles	09.30 - 11.45	New Class Beginners
	Italian/Green Room	12.30 - 13.30	Weekly [term time]
	Art Creation Class/Gallery	09.30 - 12.15	Weekly
	Art Creation Class/Gallery	13.15 - 16.00	Weekly
	Diddi Dance/Gallery	13.15 - 14.15	Weekly [term time]
	Pottery/Green Room	14.00- 16.00	Weekly 1 st &2 nd Week
	Singing Lessons/Green Room	16.00 - 17.30	Weekly
Beaumaris Singers/S. Miles	19.15 - 21.30	Weekly	
WEDNESDAY	Legs, bums & tums/S. Miles	11.45 - 12.45	Weekly [T&W]
	Townswomen's Guild/Gallery	14.00 - 16.00	1 st Wednesday in month
	Singing Lessons/Green Room	16.00 - 17.30	Weekly
	Funky Monkey Fit/S. Miles	18.30 - 20.00	Weekly
	Pilates/Gallery	18.15 - 19.15	Weekly [term time]
	Male Voice Choir/Green Room	19-30 - 21.30	1 st Wednesday in month
THURSDAY	Dressmaking/Green Room	09.30 - 12.00	Weekly
	Yoga/S. Miles	10.15 - 11.45	Weekly [term time]
	Pilates/S. Miles	12.00 - 13.00	Weekly [T&W]
	Singing Lessons/Green Room	16.00 - 17.30	Weekly
	Dressmaking/Green Room	19.00 - 21.00	Weekly
	Trefoil Guild/Gallery	19.00 - 21.00	2 nd Thursday in month
	Argentine Tango/S. Miles	19.30 - 21.30	Weekly
FRIDAY	French/Gallery	10.00 - 12.00	Weekly [term time]
	Yoga/S. Miles	10.30- 12.00	Weekly
	French/Gallery	13.30 - 15.30	Weekly [term time]
SATURDAY	Musical Theatre/S. Miles	10.00 - 12.00	Weekly Juniors
	Musical Theatre/S. Miles	12.30 - 14.30	Weekly New Students
	Sewing Bee/Gallery	14.00 - 17.00	Monthly
SUNDAY Sunday	Christian Fellowship/S. Miles	10.00 - 13.00	Weekly
	Argentine Tango	15.00 - 19.00	1 st Sunday in Month

