



Cosy Hall, Water Lane, Newport. TF10 7LD
www.cosyhall.org.uk

FREE PUBLIC ACCESS DEFIBRILLATOR AWARENESS AND TRAINING

You probably know that a Public Access Defibrillator (an AED) has been installed nearby. This is intended to be usable by members of the public in the event of suspected cardiac emergencies. It is automatic, and largely self-explanatory, but the emergency services are concerned that some people may be hesitant to use a defibrillator in a real-life situation.

As the device is close enough for you to obtain and deploy within a practicably short time you, your family, employees, etc., are invited to a **free** two hour Basic Life Support and Defibrillator demonstration and awareness session at Cosy Hall.

The sessions arranged for 2019 are:

Each third Tuesday in the month from 18.00 to 19.30

The sessions will be run by:

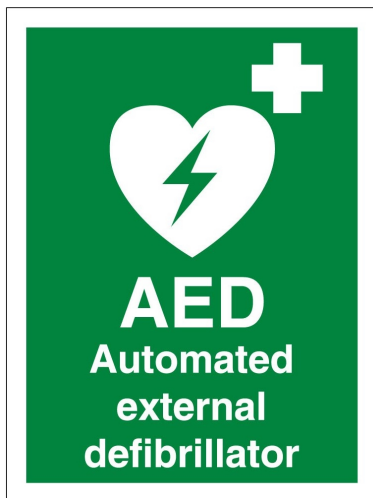
Russell Brooks the Newport WMAS First Responder co-ordinator and Julie Rich the Shropshire co-ordinator for BHF HeartStart.

To let us know you are coming please contact Cosy Hall, in person (between 09:15 and 12:00 on weekdays), by telephone on 01952 417598, or by email to training@cosyhall.org.uk. Please leave contact details, your preferred session and the names of the attendees.



Cosy Hall, Water Lane, Newport. TF10 7LD
www.cosyhall.org.uk

**WOULD YOU KNOW WHAT TO DO IF SOMEONE
COLLAPSES?**



**FREE BASIC LIFE SUPPORT AND DEFIBRILLATOR
AWARENESS SESSIONS WILL BE HELD AT COSY HALL
EACH MONTH DURING 2019**

**WHETHER OR NOT YOU INTEND TO COME TO ONE OF THE
SESSIONS, PLEASE PASS ON THIS NOTICE TO ANY OF
YOUR NEIGHBOURS OR COLLEAGUES WHO MAY NOT
HAVE SEEN ONE**

**IF YOU DO ATTEND, PLEASE SHARE THE KNOWLEDGE
GAINED - IT COULD SAVE SOMEONE'S LIFE**

Thank you

Cosy Hall is Newport's Community Building
www.cosyhall.org.uk Registered Charity (No. 514505)